

**GURU GOBIND SINGH PUBLIC SCHOOL**

**SECTOR V/B,B.S.CITY**

**CLASS -12 SUMMER VACATION ASSIGNMENT 2021-22**

**ENGLISH (CORE)**

**Messages for You:**

- **Healthy Lifestyle Be Your Priority.**
- **Give Prime Importance To Your Health.**
- **Be A Wonderful Human Being.**

**Work Specification :**

**GENERAL INSTRUCTIONS:**

- 1. Do the assignments on Ruled Sheets and submit the work in a separate file.**
- 2. Update your Writing Skills Register with all the Home tasks assigned during the Online Classes. ( Notice, Poster)**
- 3. Update your Literature Register with the Question-Answers of the 3 lessons and 1 poem.**
  - **My Mother At Sixty-Six**
  - **The Last Lesson**
  - **Lost Spring**
  - **The Third Level(vistas)**
- 4. The Updated Literature and Writing Register should be submitted for checking whenever asked for.**
- 5. Revise the syllabus already done during the Online Classes 1 :**

**READING SKILLS:**

**ASSIGNMENT –**

**Q1. Read the following passage carefully and answer the questions that follow.**

**Migraines are far more common than asthma or diabetes, but less than 2 percent of the estimated 40 million people in India who suffer from these crushing headaches seek preventive treatment. Compared to men , migraines are more common in women in their forties and fifties.**

**Some studies indicate that as many as one in four women in this age group get migraines but the number of women seeking treatment is far rarer than men . At best, they take painkillers. Most, however, just live with pain.**

**Given the wide range of treatments available, they need not suffer. “Most people dismiss migraine as a tension headache that does not need treatment, even though medicines are available that can Reduce the frequency and severity of attack or even help prevent an acute attack,” says an eminent physician. Even children get migraines,” though these headaches are linked more to stress than any other cause.**

**Migraine usually begins as a dull ache in the head or neck and builds up to a throbbing pain on one Side of the head. It usually lasts for several hours and the text book symptoms include nausea, vomiting, sensitivity to light, noise or smell, neck or shoulder pain or stiffness, visual disturbance (Which usually precede pain in classic migraines), compulsion to yawn, dry mouth or shivering. “classic migraines occur in just 30 percent patients as the rest have variations in symptoms that do not conform to text book description “ ,says a senior physician, “ In such cases , the doctor has to rule out other causes such as neurological disorders before reaching a diagnosis “ , he adds .**

**These headaches are caused in part by changes in the level of a body chemical called serotonin, which affects blood vessels. When serotonin levels are high, blood vessels constrict, and when serotonin levels fall, the blood vessels dilate, causing pain. Serotonin levels are influenced by lack of sleep, tension, too much sun, some foods such as spices, red wine and chocolates (migraine triggers), or more**

commonly in women, by changes in the levels of a particular hormone in the body.

Prevention works best and is possible if a person is able to identify triggers and avoid them. But trigger control is not enough. Mild or even moderate headaches may be satisfactorily removed or even prevented at times by using inexpensive painkillers like aspirin, paracetamol or ibuprofen. Severe and chronic headaches, however, usually require use of strong medicines.

Before beginning treatment, doctors recommend trying changes in lifestyle such as getting regular sleep and exercise, identifying and avoiding migraine triggers, and using relaxation techniques.

“Medicines to prevent migraines are recommended if avoiding triggers is not possible and migraine occurs more than twice a month or if it is severe enough to interfere with your routine “, says an eminent physician.

(a) On the basis of your reading of the above passage, make notes in points only using abbreviations wherever necessary. Supply a suitable title.

(b) Write a summary of the above passage in about 80 words.

## **WRITING SKILLS :**

### **ASSIGNMENTS:**

**NOTE:** Use examples to support your arguments. You must submit Hand Written answers only. Q.1 to Q.4 are compulsory.

**Q1.** Draft a notice about a school tour to Goa during the summer vacation. You are Kiran/ Karan, Tour Incharge.

**Q.2.** You are Arnav, the secretary of the Bharat Residents Welfare Society. Draft a notice informing the residents about the timings of the opening and closing of the shops in the commercial complex of the residential colony as a lockdown has come into force because of COVID -19. Also inform the residents about the necessity of wearing a face mask and maintaining social distance when they come to shop.

**Q3. Draft a poster for the forthcoming Cultural Fest being organised in your school in July. .**

**Q4. Draft a poster to spread awareness regarding the precautions to be taken to prevent heatstroke.**

**Q.5. Answer any FOUR of the following questions from Q.1 to Q.9**

**Each article should be 200 words . Use examples to support your arguments. You must submit Hand Written answers only.**

**Q.1. Consider the view that ‘conservation of wilderness and wildlife should be the priority of all nations’.**

**Q.2. ‘Modern technology imprisons the human spirit.’ How much truth is there in this view?**

**Q.3. Despite the progress made in science, people are still interested in the supernatural. Why is this so?**

**Q.4. ‘In the era of increasing automation and computerisation, mankind will be unable to continue earning a living.’**

**Q. 5. ‘Newspapers deliberately create panic and sensation in order to boost their circulation.’ How far is this true?**

**Q.6. ‘Science will never be able to provide solutions to everything.’ Discuss.**

**Q.7. Some people are seriously considering visiting the planet Mars. Explain whether or not this would be worthwhile.**

**Q.8. Nanotechnology has immense potential in medical science. How far should developments in this technology take priority in medical research?**

**Q.9. Spurt of violence previously unknown in Indian schools makes it incumbent on the educationists to introduce value education**

**effectively in schools. Write an article in 150-200 words expressing your views on the need of value education.**

**COMPULSORY QUESTIONS:**

**Q.10. Write a letter to the SHO of the police station in your locality in 150 words about the theft of your vehicle.**

**Q.11. Delhi Government recently organised a 'No Tobacco' Workshop. Write a report on the same to be published in the newspaper in 150-200 words.**

**ASSIGNMENT -**

**LITERATURE :**

**Q1. Write the character sketch of the following in 120-150 words :**

- Franz
- M. Hamel
- Saheb
- Mukesh
- Sam
- Charley

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